

Aroclamation

From the Governor of the State of Maryland

MENTAL HEALTH AWARENESS MONTH MAY 2021

WHEREAS, Mental health is essential to everyone's overall health and well-being; and

WHEREAS, All Americans face challenges in life that can impact their mental health, especially during a pandemic; and

WHEREAS, There are practical tools that all people can use to improve their mental health and increase resiliency; and

WHEREAS, Mental health conditions are real and prevalent in our nation; and

WHEREAS, With effective treatment, those individuals with mental health conditions can recover and lead full, productive

lives; and

WHEREAS, Each business, school, government agency, health care provider, organization and citizen share the burden of

mental health problems and has a responsibility to promote mental wellness and support prevention and

treatment efforts.

NOW, THEREFORE, I, LAWRENCE J. HOGAN, JR., GOVERNOR OF THE STATE OF MARYLAND, do hereby proclaim MAY 2021 as MENTAL HEALTH AWARENESS MONTH in Maryland, and do commend all government agencies, public and private institutions, businesses, and schools in Maryland to commit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible service for all people with mental health conditions.



Given Under My Hand and the Great Seal of the State of Maryland,

is 1st day of May

Two Thousand and twenty-one

Governor

St. Gregorator

Secretary of State